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Swinomish Indian Tribal Community

A Federally Recognized Indian Tribe Organized Pursuant to 25 U.S.C. § 476
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COVID-19 PUBLIC HEALTH NOTICE

April 4, 2022 – Swinomish Public Health has confirmed **7 new cases** of COVID-19 in the community since the last update Monday, March 28. **Total Cases: 845**

The CDC and Washington Department of Health (DOH) have updated their COVID-19 vaccine booster recommendations to include a second dose! A second booster adds protection and is especially useful to those who are age 65 and older as well as those who have underlying medical conditions or at high risk for severe infection. Boosters are safe and effective at preventing infection and severe illness. If you have not yet received your first booster and you are eligible, get it as soon as possible – and if you've had your first booster and are eligible for your second, get it as soon as possible.

DOH's updated booster dose recommendations are as follows:

- Everyone age 12 and older should receive a **first booster dose** five months after completing a two-dose vaccine series of Pfizer or Moderna, or two months after receiving the single-shot Johnson & Johnson (J&J) vaccine.
- Everyone age 50 and older can receive a **second booster dose** four months after receiving their first booster dose.
- Individuals 12 and older who are moderately or severely immunocompromised can receive a **second booster dose** four months after receiving their first booster dose.
- Those 18 and older who received a primary vaccine and booster dose of the J&J vaccine four months ago can receive a **second booster dose** of an mRNA COVID-19 vaccine.

Call the Swinomish Medical Clinic at (360) 466-3167 for your vaccine appointment. Call the COVID-19 Helpline at (360) 588-2771 to report a positive home test, stock up on supplies, or get further support.

Remember, masks are welcome here!

Take care, stay safe,
Swinomish Public Health Team